

St Joseph Catholic Church

Eucharistic Adoration Newsletter



February 2025
Issue 68

Presented by the
St. Joseph Eucharistic Adoration
Committee

St. Joseph's Eucharistic Adoration Newsletter

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**The Month of February
is Dedicated to the
Holy Family**



The Holy Family

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone" (St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

Feasts for February 2025

2. Presentation of the Lord, Feast, Sunday
3. Blaise; Ansgar, Opt. Mem.
5. Agatha, Memorial
6. Paul Miki and Companions, Memorial
8. Jerome Emiliani; Josephine Bakhita, Opt. Mem.
9. FIFTH SUNDAY IN ORDINARY TIME, Sunday
10. Scholastica, Memorial
11. Our Lady of Lourdes, Opt. Mem.
14. Cyril and Methodius, Memorial
16. SIXTH SUNDAY IN ORDINARY TIME, Sunday
17. Seven Founders of the Servite Order, Opt. Mem.
21. St. Peter Damian, Opt. Mem.
22. Chair of St. Peter, Feast
23. SEVENTH SUNDAY IN ORDINARY TIME, Sunday

In this issue:

Special Announcement: Our Monthly Eucharistic Adoration Newsletter will now be shared with Holy Family Parish in Marinette, WI. Holy Family Parish will be celebrating 25 Years in Offering its parishioners Perpetual Adoration. We welcome them to our Eucharistic Adoration Newsletter.

1. *The History of the Holy Family*
2. *The Holy Family Novena*
3. *The Litany of the Holy Family*
4. *Eucharistic Adoration Etiquette*
5. *Upcoming Seminar on Eucharistic Adoration During Lent*
6. *Upcoming Seminar on the Liturgy of the Hours During Easter*
7. *SCHEDULE*

The History of the Holy Family

Information from Wikipedia



The Holy Family consists of the Child Jesus, the Virgin Mary and Saint Joseph. The subject became popular in art from the 1490s on, but veneration of the Holy Family was formally begun in the 17th century by Saint François de Laval, the first bishop of New France, who founded a confraternity.

The Gospels speak little of the life of the Holy Family in the years before Jesus' public ministry. Matthew and Luke narrate the episodes from this period of Christ's life, namely his circumcision and later Presentation, the flight to Egypt, the return to Nazareth, and the Finding in the Temple. Joseph and Mary were apparently observant Jews, as Luke narrates that they brought Jesus with them on the annual pilgrimage to Jerusalem with other Jewish families.

Veneration



The Feast of the Holy Family is a liturgical celebration in the Catholic Church, as well as in many Lutheran and Anglican churches, in honor of Jesus of Nazareth, his mother, the Blessed Virgin Mary, and his foster father, Saint Joseph, as a family. The primary purpose of this feast is to present the Holy Family as a model for Christian families.

From the 17th century, the feast has been celebrated at a local and regional level and at that level was promoted by Pope Leo XIII. In 1921, Pope Benedict XV made it part of the General Roman Calendar and set on the Sunday within the Octave of the Epiphany (cf. Epiphanytide); that is to say, on the

Sunday between January 7 through January 13, all inclusive (see General Roman Calendar of 1954).

In the General Roman Calendar of 1954, the Sunday within the Octave of Christmas was in fact celebrated on the Sunday only if it fell on 29, 30 or 31 December, since it gave way to the higher-ranked feasts of Saint Stephen, Saint John the Apostle and the Holy Innocents; otherwise, it was transferred to December 30, and if the feast of Saint Thomas Becket, one of the most popular additions to the calendar in the Middle Ages, was celebrated in double rite (as it was universally after 1907), then it too took precedence over this Sunday, until the 1911 reforms where double feasts no longer did so automatically. The 1962 Roman Missal, whose use is still authorized per the 2007 *motu proprio Summorum Pontificum*, follows the General Roman Calendar of 1960, which ranks the Sunday within the Octave of Christmas as higher than these saints and keeps the Feast of the Holy Family on the Sunday after Epiphany.

The 1969 revision of the General Roman Calendar moved the celebration of the Holy Family to the Sunday within the Octave of Christmas, that is, the Sunday between Christmas Day and New Year's Day (both exclusive), or if both Christmas Day and the Solemnity of Mary, Mother of God are Sundays, on 30 December, which is always a Friday in such years. When not celebrated on a Sunday, it is not a holy day of obligation. In the General Roman Calendar of 1969 the Feast of the Holy Family outranks the various saints whose feast days fall during the Octave of Christmas, since it is usually to be celebrated on a Sunday.

In the Catholic Church, *hyperdulia*^[9] and *protodulia* are the names respectively reserved in a specific way to the veneration of the Most Blessed Virgin Mary and the Most Chaste Saint Joseph. Those venerations are more important than the *dulia* reserved to any other saint. In fact, the Virgin Mary has the Marian title of Queen of Angels and Queen of Saints and Saint Joseph is the patron of the Roman Catholic Church.

Holy Family Novena

The Novena is from EWTN

The feast of the Holy Family is celebrated on the first Sunday after Christmas but you can pray the Holy Family Novena for any reason that you want, so go ahead and start praying!

The Holy Family consists of Mary, Joseph, and Jesus. They serve as a holy example for our families and us. As Blessed Pope Paul VI said, we meditate on the Holy Family that it may “teach us what family life is, its communion of love, its austere and simple beauty, and its sacred and inviolable character.” In this novena, we will reflect on different aspects of the members of the Holy Family and different events that took place in their lives to help our families and us grow in holiness.

About the Holy Family

Mary was betrothed to Joseph before the Angel Gabriel appeared to Mary to announce that she would conceive the Son of God. When Joseph found out, he decided that he would divorce her quietly, but an angel appeared to Joseph in a dream and told him to trust Mary. Mary joined Joseph when he traveled to his hometown, Bethlehem, for the census. It was there that Mary gave birth to Jesus. The Feast of the Holy Family is celebrated the Sunday after we celebrate the birth of Christ (i.e., the Sunday after Christmas).

God chose to come into world as a child in a family. Like most families, His family shared very real joys and sorrows. By meditating on the Holy Family, may we learn what holiness looks like for our families during both joyful and sorrowful times.

Holy Family Novena - Day 1

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Holy Family, you traveled to Bethlehem without knowing where Mary would give birth. You relied on God to provide, and what He provided for His Son was a manger in the midst of animals. Help my family to rely on God for our needs and trust in His ways, even when they are not what we expect.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 2

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Holy Family, after receiving warning from an angel, you fled to Egypt to save your son from the killing of innocents that was taking place in your hometown. Come to the aid of all families who are in exile, and come to our aid when the powers of this world act against our children, our God, and us.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 3

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Joseph, Foster Father of Jesus, you silently carried out the simple labor of a carpenter to provide for your family. Bless all parents who labor without complaint to support their families. Pray that they may in time see the spiritual fruits of their labor.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 4

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Mary, Mother of God, your primary vocation was bearing and raising your Child and for that, you are venerated among all women. Pray for God's blessings upon all people whose primary work is in the home. May they see the great dignity of their work especially when it seems mundane or monotonous.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 5

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Jesus, Son of God, You were raised in a Jewish home where you learned both the Scriptures and the craft of carpentry from Your earthly father. Bless all children that they may grow in holiness throughout their childhood. Help them to see You in all things: in prayer, in work, and in play.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 6

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Holy Family, on your return journey from a pilgrimage to Jerusalem, Jesus stayed behind in the Temple, leaving His parents to worry about His whereabouts when they discovered He was missing. Pray for parents who struggle with distress, anxiety, and misplaced guilt over unexpected things that happen in their children's lives.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 7

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Mary, you encouraged your son to perform His first public miracle. Help all parents to know when and how to encourage their children, so that they may live out the lives that God has called them to.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 8

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Mary, as Jesus started His public ministry, you saw His followers as well as those who ridiculed Him. He was not welcome as a prophet in His hometown, among those He had known throughout His life. Help all family members to support one another through their trials and difficulties.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family Novena - Day 9

In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Holy Family, you were close to our Heavenly Father on Earth, uniting your wills to His, and are now close to Him in Heaven. I ask that you intercede with Him on my behalf.

(Mention your intentions here)

Mary, you and Jesus buried Joseph, and then you watched as your Son was brutally beaten and crucified. Holy Family, be close to all families as they experience the suffering and death of loved ones.

Holy Family, you who once walked this Earth, accompany my family as we strive to follow your example by walking in your footsteps.

Amen.

Read more at: <https://www.praymorenovenas.com/holy-family-novena>

Litany of the Holy Family

Lord, have mercy.
Christ, have mercy.
Lord, have mercy.
Christ, hear us.
Christ, graciously hear us.
God, the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God, the Holy Spirit, have mercy on us.
Holy Trinity, one God, have mercy on us.

Jesus, Mary, and Joseph, Pray for us
Jesus, Mary, and Joseph, most worthy of our veneration, Pray for us
Jesus, Mary, and Joseph, called "the Holy Family" from all time, Pray for us
Jesus, Mary, and Joseph, son, mother, and head of the Holy Family, Pray
for us
Jesus, Mary, and Joseph, divine child, pure spouse, and chaste spouse,
Pray for us
Jesus, Mary, and Joseph, restorers of fallen families, Pray for us
Jesus, Mary, and Joseph, image of the Blessed Trinity here on earth, Pray
for us
Holy Family, tested by the greatest of difficulties, Pray for us
Holy Family, with much suffering on the journey to Bethlehem, Pray for us
Holy Family, without a welcome in Bethlehem, Pray for us
Holy Family, visited by the poor shepherds, Pray for us
Holy Family, obliged to live in a stable, Pray for us
Holy Family, praised by the angels, Pray for us
Holy Family, venerated by the wise men from the East, Pray for us
Holy Family, greeted by the pious Simeon in the temple, Pray for us
Holy Family, persecuted and exiled to a foreign country, Pray for us
Holy Family, hidden and unknown in Nazareth, Pray for us
Holy Family, faithful in the observance of divine laws, Pray for us

Holy Family, perfect model of the Christian family, Pray for us
Holy Family, center of peace and concord, Pray for us
Holy Family, whose protector is a model of paternal care, Pray for us
Holy Family, whose mother is a model of maternal diligence, Pray for us
Holy Family, whose Divine Child is a model of filial obedience, Pray for us
Holy Family, poor in material goods, but rich in divine blessings, Pray for us
Holy Family, as nothing in the eyes of men, but so great in heaven, Pray for us
Holy Family, our support in life and our hope in death, Pray for us
Holy Family, patron and protector of our Congregation, Pray for us

Jesus, Mary, and Joseph, pray for us.

Lamb of God, who takes away the sins of the world, spare us, O Lord.

Lamb of God, who takes away the sins of the world, hear us, O Lord.

Lamb of God, who takes away the sins of the world, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

Let us pray. O God of infinite goodness and kindness, who has deigned to call us to this Family, give us the grace to venerate Jesus, Mary, and Joseph, so that, imitating them in this life, we may enjoy with them the life to come. We ask this through Christ Our Lord. Amen.

EUCCHARISTIC ADORATION ETIQUETTE

A Gentle Reminder of the Do's and Don'ts

First and foremost, the Eucharistic Adoration Committee, our Parish Priests and Deacons and Administrative Staff at St. Joseph's, recognize the commitment and dedication which is evident by the growth in numbers of Eucharistic Adorers making it possible for our entire parish to be able to just come in and pray with Our Lord in the Blessed Sacrament. It is a testament to the understanding and devotion by so many Eucharistic Adorers which makes it possible for so many Eucharistic Adoration hours to be available for our Parish.

Along with growth in numbers comes the need for some gentle reminders, which are needed from time to time. Please note, as most already know that Eucharistic Adoration has for centuries been a SILENT ADORATION. There are guidelines which support a SILENT EUCCHARISTIC ADORATION and have for the most part been part of St. Joseph's Eucharistic Adoration format.

FOLLOWING ARE SOME VERY SPECIFIC "ETIQUETTE" ITEMS WHICH MUST BE FOLLOWED BY EVERYONE COMING TO THE CODY CENTER CHAPEL.

The Etiquette for Eucharistic Adoration was developed with the understanding that the Blessed Sacrament in the Monstrance is the "Real Presence" and thus the ultimate reverence should always be shown and displayed. Yes, there is etiquette which should always be observed. Following is a list of reminders which involves your personal commitment to the Hour of Adoration and some personal behavior while in the chapel.

1. Please be silent always. Anytime the Blessed Sacrament is exposed in the Monstrance, there must be TOTAL SILENCE (other than the specific times when prayers or songs are recited... see schedule above). All Prayers and Readings should be recited in total SILENCE. The exception to this silence comment is at the beginning Eucharistic Adoration hour or at the scheduled time when the Blessed Sacrament is reposed. At those times there are prayers which are recited by a Priest, Deacon or an Extra Ordinary Minister of Holy Communion. The adorers are encouraged to respond to those prayers.
2. Please do NOT Talk or Socialize in the Chapel. There are two primary reasons for this silence, first is that the Eucharistic Adorer is in the Real Presence of the Our Lord and Savior in the Blessed Sacrament and second, any talking or socializing in the Chapel is a distraction to those praying and meditating. There is "absolutely no talking, or socializing in the ENTIRE CHAPEL, not just where the chairs are located. This means that the area in the back, where people sign in, is also a NO TALK or SOCIALIZING ZONE.
3. Please note: To the parents who bring young children to Eucharistic Adoration. You and your wonderful children are most welcome. It is understood that young children will from time to time get a bit restless. We know that you are first and foremost, parents who want to teach your children the love and kindness which Our Lord in the Blessed Sacrament and His Blessed Mother will bestow on your family. Please do not leave when your children are restless... in your own loving manner, softly and kindly, whisper to them that they are in His house and Presence.

No Eucharistic Adorer will be offended that you are teaching your (HIS) children to learn to pray to Jesus and His Blessed Mother.

4. Please genuflect or kneel upon entering the presence of the Lord or simply bow if you are not able to genuflect. Sitting or kneeling during your Hour of Adoration is appropriate.

5. Please do not bring anything to adoration that will make noise and be a distraction to others.

6. Please do use of electronic devices (cell phones, tablets or iPads) to read prayers or scriptures if doing such is not a distraction to others praying and meditating. The electronic devices should NEVER be heard or be used to cause a distraction to others. If you bring a phone, be sure to turn it off or put it on vibrate. NEVER answer your phone in the Chapel. If the phone vibrates, and you feel that you must respond, leave the Chapel to take the call.

7. Please do not ever bring food or drink to Eucharistic Adoration. If you need water, it is preferred that you quietly step outside the adoration chapel for a drink.

8. Please do remember to take off your hats, dress appropriately, don't chew gum and observe the same etiquette as if you were in Mass.

9. Please do not ever place anything on the altar.

10. Please do not ever touch Monstrance.

11. Meeting your Commitment:

- If you are scheduled to attend, please arrive on time or arrange for a back-up as soon as you know that you will not be able to go.
- Arriving at least 10 minutes before your scheduled hour is preferred.
- Sign the book to record your arrival and departure.
- If there is an emergency, please quietly notify the adorers which are there, that you have a personal emergency and leave quietly.
- If you are attending any of the Nocturnal Eucharistic Adoration hours, please make sure that upon entering or leaving the Cody Center that the door clicks. This will make sure that the Cody Center remains safe and secure. Suggestions for the Hour of Adoration:
- Read the Booklet for Hours of Adoration (which is in the Chapel on the bookshelf at the entrance)
- Pray the Liturgy of the Hours
- Pray the Holy Rosary or Chaplet of Divine Mercy
- Pray the Stations of the Cross
- Read Scripture, other religious books or articles
- Read copies of the Eucharistic Adoration Newsletter

Upcoming Seminar on Eucharistic Adoration During Lent

By special request from a number of Eucharistic Adoration Faithful, we have been working on a seminar to provide an awareness to the parishioners of St. Joseph which brings comprehensive information on the Eucharistic Adoration.

If you are interested in attending such a seminar during Lent, please send Rod Cruz a quick email which includes your name, email address and cell phone number. March 8, 9:30 AM to 11:30 AM. Information will be forthcoming. More details will be forthcoming.

Please send your interest email to drrodacruz@gmail.com

Email note should include:

- Your name
- Your email address
- Your CELL phone number
- Your preference for the seminar (Weekday – Morning, Weekday Evening, Saturday Morning)

At this point we are just gathering general interest information so that we can start the final planning process with the parish clergy, administration and facilities management.

Upcoming Seminar on the Liturgy of the Hours During Easter

By special request from a number of Eucharistic Adoration Faithful, we have been working on a seminar to provide an awareness to the parishioners of St. Joseph which brings comprehensive information on the Liturgy of the Hours.

Please note that a formal seminar has been developed for presentation to St. Joseph's Parishioners regarding the Liturgy of the Hours.

If you are interested in attending such a seminar in the Fall, please send Rod Cruz a quick email which includes your name, email address and cell phone

number. Dates and times are now being considered. What we are doing currently is compiling interested persons who want to attend this seminar. More details will be forthcoming.

Please send your interest email to drrodacruz@gmail.com

Email note should include:

- Your name
- Your email address
- Your CELL phone number
- Your preference for the seminar (Weekday – Morning, Weekday Evening, Saturday Morning)

At this point we are just gathering general interest information so that we can start the final planning process with the parish clergy, administration and facilities management.

SCHEDULE

ADORATION HOURS & LOCATION

Cody Center Chapel

ADORATION HOURS

Monday - Thursday

9:00 AM to 9:00 PM

Friday

9:00 AM to 6:30 PM

ADORATION FOR VOCATIONS

Last Friday

7:00 PM to 8:00 PM

NOCTURNAL ADORATION

1st Friday

Following 7 PM Mass until Midnight

2nd Friday

7 PM until 7 AM Saturday (Hispanic Community)